

# POPLOLLIES CYCLE TEAM

## Women's Criterium Series

Monday Nights in July - Eugene, Oregon  
7/13, 7/20, & 7/27

**Learn to Ride a Criterium Clinic**

**GREAT PRIZES**

**Prizes for Lap Winners**



New riders, this is your chance to learn to ride a criterium! A crit is a short course (less than 5K) race on city streets, closed to traffic. Cornering, riding safely in a pack and fast accelerations are good skills to have when riding a crit.

The Poplollies will be holding a clinic to teach new riders how to ride in a pack, corner, and sprint. After the clinic we will hold a practice race for all new participants.

Last year's series had roughly 20+ new riders participate in the clinics and races. Come out and give it a try!

**Category A: Open to Cat 1/2/3 and 4s**

**Category B: Open to beginners and new Cat 4 racers**

5:45 Registration Opens

**6:15 Criterium Clinic**

7:00 Practice Crit for Clinic Participants (15 minutes + 1 lap)

7:20 Category B Women (30 minutes + 1 lap)

7:50 Category A Women (30 minutes + 1 lap)

**1K FLAT COURSE, EASY CORNERS, STRAIGHT FINISH**

Prizes will be awarded to the top 5 placed riders in A & B Categories

\$7 entry - \$18 for series

This is an OBRA event. Helmets required  
OBRA License required - \$5/one day or \$20/annual

Directions to Greenhill Technology Park:  
Exit 195B off I-5. West on Beltline till it ends.  
Right on West 11th. Second light is Terry. Go right.  
Registration is one block on the left.  
Make checks payable to www.cycling

**Contact Kay Bork 541-221-9239**  
**Visit our web site at [www.thepoplollies.com](http://www.thepoplollies.com)**