# **BRIDGETOWN VELO PRESENTS**

**TUESDAY NIGHTS** PORTLAND INTERNATIONAL RACEWAY SEPTEMBER 7 THROUGH SEPTEMBER 21, 2010

## **DESCRIPTION:**

"Cat and mouse" racing, with riders being separated by their respective Category. This race scenario is applicaple to all groups racing: For example, the Cat 4/5 Men are the first group to go and are given a head start, the next group, Cat 3, start approximately one to two minutes later depending on field sizes. The final group, Cat 1/2, will leave one minute later left to chase down the earlier groups. Groups must catch the preceding group in order to contest primes and the final sprints. The strategy is for each of the groups to work as a collective team to either stay away from the chasers, or catch the group ahead if you are doing the chasing. A new twist for this year will award the top finishing Woman in the series. So for any team or group of riders that wants to work for one of their females riders, instead of themselves, here's your chance.

## **REGISTRATION:**

Registration opens at 5:15, and closes five minutes before the start of each race. Registration is located near the start/finish area in the middle of the main grand stands. OBRA membership required: single-day membership for \$5 or annual membership for \$10 **OBRA** Categories and rules apply To pre-register, go to www.obra.org/forms, print a standard release form, and mail, with payment by

HANDICAP STYLE BIKE RACES

September 3, to: Josh LeBus, 822 SW Maplecrest Ct, Portland, OR 97219

## DIRECTIONS:

FFFS

From I-5 take exit #306b west. The race track is located immediately west of the freeway.

Entry fee: \$15.00 per night, or \$40.00 for the series (3 races).

## **START TIMES:**

Women, all categories, start at 5:50 pm. (Will be on the course with the 4/5 men.) Category 4/5 Novice race starts at 6:00 pm. (Will be on the course with the women.) Category 1-4 race starts at 6:30 pm.

# WOMEN'S RACE:

The women's race is open to all category riders with field sizes and grouping based on attendance. Category 1-4 women may elect to ride in the 6:30 event as well, by paying an additional \$5.00 at sign in.

## NOVICE RACE:

Women and Juniors: \$5.00. Second race (each night): \$5.00

The Category 4/5 Novice race is open to all 4 and 5 riders, as well as category 3 women. This is a great opportunity to get an introduction to bicycle racing and to work on your paceline skills. Category 4 riders may elect to ride the category 1-4 race at 6:30, as well, by paying an additional \$5.00 at sign in.

## 6:30 EVENT:

This race will be open to all all categories and levels. Category groupings will be determined by field sizes at the time of registration. Participating women racers will be grouped with mens field up from their category as follows; Cat 4 Women grouped with the Cat 5 Men. Cat 3 Women with the Cat 4 Men, Cat 1/2 Women with the Cat 3 Men. NOTE: We are strongly encouraging the Women Racers to particapte in the 6:30 event and are offering a special Grand Prize to the top female finisher over the 3 race series.

## DISTANCES:

The women's and category 4/5 races will last approximately 30 minutes, with distances adjusted depending on the speed of each race. Distances for the cat 1-4 race at 6:30 will be adjusted for darkness, and should range from 8-12 laps, or 15 to 23 miles.

#### HANDICAPS:

The chief referee will determine specific handicap times based on number of riders, results from the previous week, and number of laps to be ridden. Category 4 riders may ride in either race (category 4/5 Novice at 6:00 pm, or category 1-4 at 6:30 pm). Women and juniors may ride down one category. Riders may be shuffled between groups, at the referee's discretion.

## PRIZES:

Each night we'll award top 3 finishers in each race and then the top 3 finishers of the series in each race at the end of the series will be awarded. Overall, there are \$1500 in gift certificates and merchandise to be awarded over the course of the series.

> **PLEASE THANK OUR SPONSORS:** Castelli Sportful - CyclePath - Hammer Nutrition - NW Womens Fitness Center

design: www.jennlevo.com

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