

Pre Registration Only!	
TIME:	Entry & rider check-in opens 8:00 to 9:00 AM. No exceptions! First rider 9:45 AM.
LOCATION:	Vancouver Lake Park. Take 4th PlainWest from I-5 (just North of Vancouver, WA)
	Follow Lower River Road to the staging area in the park.
CATEGORIES:	Men/Women 1/2; 3; 4/5; JR Women /Men:10-12; 13-14; 15-16; 17-18; Masters Men 30-39, 40-49; 50-59, 60+; MastersWomen 30-39; 40-49; 50-59;
	60+ Tandems: (each rider pays fee) & Recumbent's, Eddy Men, Eddy Women
ENTRY FEE: \$	515 Each Rider. Fees include OBRA surcharges. OBRA License available on
·	site. Make checks payable to B.B.C. ONLINE REGISTRATION:
	BBCBIKE.COM, MAIL ENTRY: BBC Jack Frost TT, c/o Sunset Athletic
	Club, 13939 NW Cornell Road, Portland, OR 97229 Please include an OBRA
0011005	Standard Entry Form
COURSE:	12.4 miles, out and back, nearly flat countryside. Start is at Vancouver Lake Park. Pavement varies: Mostly good
MISC.	An OBRA event. OBRA rules and helmet regulations apply to all participants! The centerline rule will be enforced.
	Promoters and officials reserve the right to combine categories. Please stay off the course. Bring rollers or wind trainers to keep you close to the start and to cut down on congestion. Get your OBRA race numbers before the event. Have number and license with you. Pin number on right hip. See www.obra.org. Prizes: None
	Please use the trash bins. Please no dogs. Please ride single file when with traffic.
	QUESTIONS: Phil Sanders 503-649-4632, phil@bbcbike.com
	Erik Voldengen 503-819-4985
	erik@bbcbike.com