## THE ALPENROSE VELODROME WOMEN'S APRIL 27TH 3-5PM TRACK CLINIC



\$10 INCLUDES A RENTAL BIKE AND TONS OF FUN!

## DESIGNED FOR BEGINNER WOMEN

TAUGHT BY EXPERIENCED RIDERS

## START OFF EASY, LEARN THE BANKING, & HAVE FUN!!

Please come early to rent a bike (2:30pm). Be sure the bring shoes, pedals, helmet, and water. If you don't have your own pedals, we have platform pedals and toe-clips for you to use. The clinic will be cancelled in the event of rain.