

Pre Registration Only!		
TIME:	Entry & rider check-in opens 8:00 to 9:00 AM. No exc	•
LOCATION:	Vancouver Lake Park. Take 4th PlainWest from I-5 (j	,
Follow Lower River Road to the staging area in the park. CATEGORIES: Men/Women 1/2; 3; 4/5; JR Women /Men:10-12; 13-14; 15-16; 17-18;		
Masters Men 30-39, 40-49; 50-59, 60+; MastersWomen 30-39; 40-49; 50-59;		
	60+ Tandems: (each rider pays fee) & Recumbent's, E	
ENTRY FEE: \$16 Each Rider. Fees include OBRA surcharges. OBRA License available on		
site. Make checks payable to B.B.C.		
ONLINE REGISTRATION: http://obra.org/events/24520/register		
BBCBIKE.COM, MAIL ENTRY: BBC Jack Frost TT, c/o Sunset Athletic Club, 13939		
	NW Cornell Road, Portland, OR 97229 Please inclu-	de an OBRA Standard Entry Form
COURSE:	10+ miles, out and back, nearly flat countryside. Star	rt is near Vancouver Lake
	Park, Pavement varies: Mostly good	
MISC.	An OBRA event. OBRA rules and helmet regulations apply to all participants! The centerline rule will be enforced.	
	Promoters and officials reserve the right to combine categories. Please stay off the course.	
	 Bring rollers or wind trainers to keep you close to the start and to cut down on congestion. Get your OBRA race numbers before the event. Have number and license with you. Pin number on right hip. See www.obra.org. Prizes: None Please use the trash bins. Please no dogs. Please ride single file when with traffic. QUESTIONS: Phil Sanders 503-649-4632, phil@bbcbike.com 	
	Erik Voldengen 503-819-4985	
	erik@bbcbike.com	
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