## Tour<sub>de</sub> St. Honoré!

A women's Meet the Team ride for Sorella Forte Saturday, May 14, 2016 · St. Honore Division, Portland



Do you bike to eat or eat so you can bike? Looking for a like-minded team to join? Do both with us! Meet some of the riders of Sorella Forte for a fun road ride celebrating biking and our favorite bakery. Pick our brains about our club, riding, racing and bikes!

Choose the long route of around 40 miles that will visit all three St. Honore locations or shorter ride, 15 to 20 miles. Prepare for weather, bring water and food. Both rides will be no drop and friendly paced for fun and conversation. No registration, just show up!

## **Ride Schedule:**

8-8:30 am Meet at St. Honore Division,

3333 SE Division St, Portland, 97202 Ride to River City Bicycles to meet

8:45 am Ride to River City Bicycles to meet our weekly Women's Intermediate Ride

9 am Rides leaves RCB for St. Honore Thurman

Noon-1 pm Rides exected to return to River City
then finishes at St. Honore Division

**The Sorella Forte Mission** is to enrich our physical and mental well-being and promote women's health and fitness through recreational and competitive cycling.

Our club is open to all women who share a passion for riding a bike — ANY bike. We support women who want to race as well as recreational riders looking for others who want to ride on a regular basis. We have several junior members and always welcome more.

Learn more about us and how to join at www.sorellaforte.com

HELMETS REQUIRED FOR ALL RIDERS! OBEY ALL TRAFFIC RULES AND SIGNS, STREETS WILL NOT BE CLOSED.

Contact Elaine Bothe: e.bothe@comcast.net





