

The USCF NWCCC Track Regionals • Saturday • 09.10.05

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Cycling's
Portland State
University Vikings



Present:

The USCF NWCCC Track Regionals
Saturday, September 10TH, 2005

GOOD MORNING SESSION

8:00 -9:30AM CLINIC

Track Clinic for follks new to the steep banks of Alpenrose

9:30AM-10:00AM Open Track

10:00 RACING

Women's 500

Women's 200TT

Men's KILO

Men's 200 TT

Team Sprint

Women's Scratch Race

Men's Scratch Race

SATURDAY 2:00 PM AFTERNOON SESSION

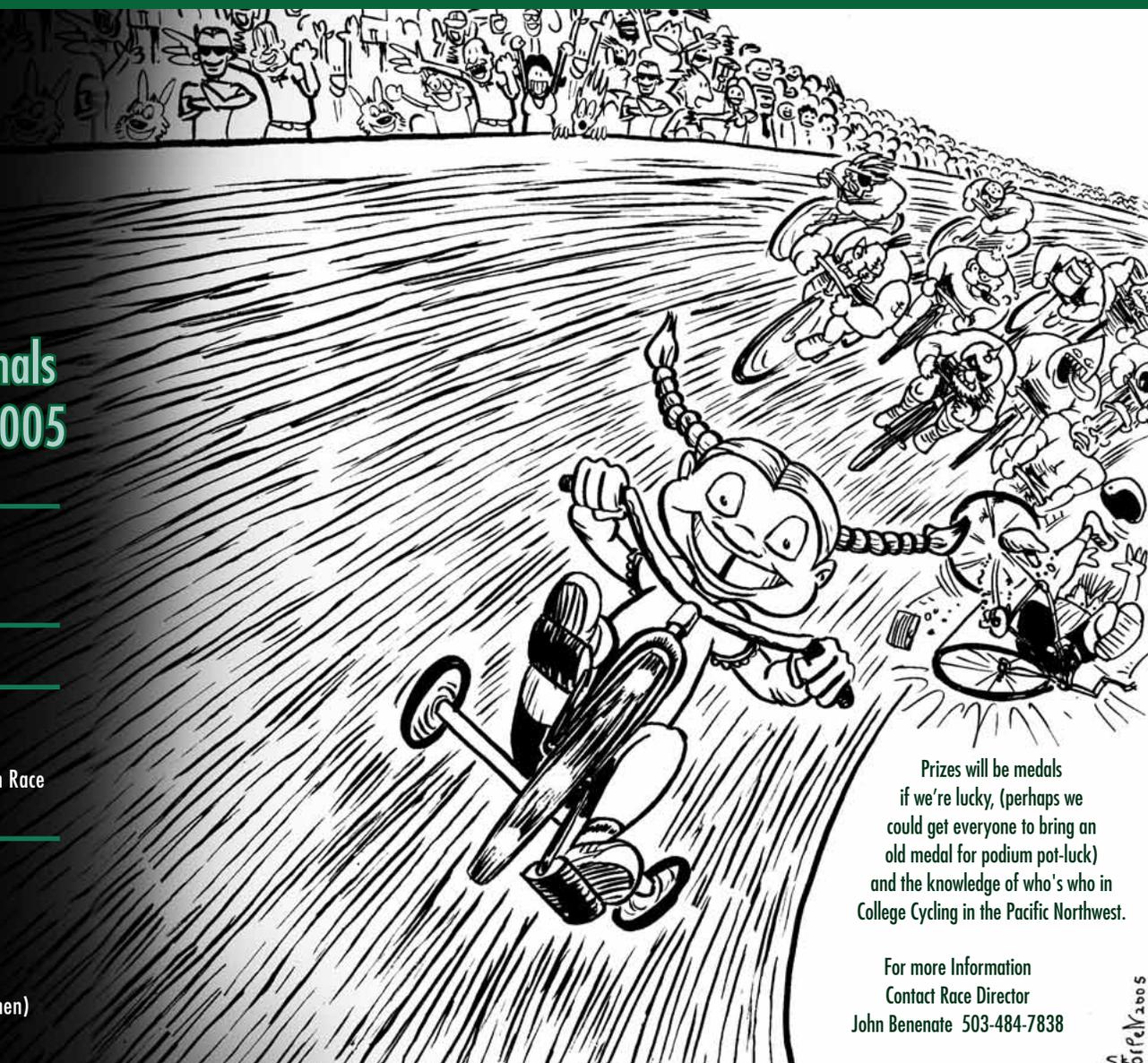
Women's Team Pursuit - Two Miles

Men's Team Pursuit - Two Miles

WOMEN'S POINT RACE • 25 LAPS WITH SPRINTS EVERY 5 LAPS

MEN'S POINT RACE • 35 LAPS WITH SPRINTS EVERY 5 LAPS

ITALIAN PURSUIT (6 Laps Total, 6 Riders Max 2 women and 4 men)



Prizes will be medals
if we're lucky, (perhaps we
could get everyone to bring an
old medal for podium pot-luck)
and the knowledge of who's who in
College Cycling in the Pacific Northwest.

For more Information
Contact Race Director
John Benenate 503-484-7838

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Join us for the "Good Morning" Track Clinic!

Bortolami's Pizzeria

PORTLAND STATE
UNIVERSITY