



Three Rivers Racing is proud to present the **2009 OBRA Championships**

For the second year in a row Three Rivers Racing presents a 16-mile loop that starts and finishes at the Rainier Schools complex. The course offers a long steady climb and accompanying descent along with a short uphill to the finish.

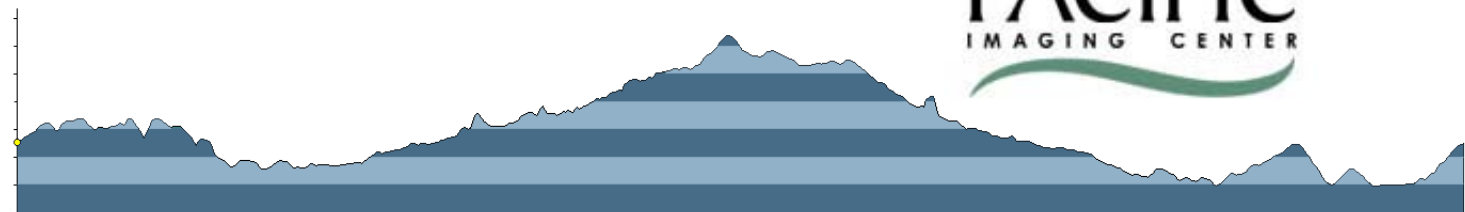
Rainier, Oregon is one hour Northwest of Portland with access from I-5 or Highway 30.

Rehearsal Road Race			May 23rd	
Category	Miles	Laps	Start	Prizes
*Pro Men 1/2	80	5	10:00	\$\$\$
Men Cat 3	64	4	10:10	Medals
*Women Senior	48	3	10:20	Medals
**Women Cat 3	48	3	10:20	Medals
Men Cat 4/5	48	3	2:00	Medals
Women Cat 4	32	2	2:10	Medals
Tandem	48	3	2:30	Medals
**Juniors 10 - 12 & 13 - 14	16	1	2:50	Medals

OBRA Championship Road Race			May 30th	
Category	Miles	Laps	Start	Prizes
Men Senior	80	5	10:00	Medals
Men Master 30 - 39	64	4	10:10	Medals
Men Master 50 - 59	48	3	10:20	Medals
Men Masters 60+	32	2	10:30	Medals
Men Masters 40 - 49	48	3	2:00	Medals
**Women Masters 30 - 39 & 40 - 49	32	2	2:10	Medals
Women Masters 50+	32	2	2:10	Medals
**Juniors 15 - 16 & 17 - 18	32	2	2:30	Medals

*Oregon Cup Race for Pro 1/2 Men and Senior Women

**Scored separately



Directions to Course

- From I-5 North or South take exit 36 to Longview WA.
- Merge onto WA-432 (turns to Tennant Way)
- Left at Oregon Way / WA-433
- Over Lewis and Clark Bridge to Oregon
- Take Ramp on US 30 (West) - Toward Clatskanie
- At top of the hill turn left at Larson Road, then left to stay on Larson Road
- Turn Left at Old Rainier Road (at Stop sign) - 28170 Old Rainier Road, Rainier OR 97048

Kenji's 2008 Motion Based data
<http://trail.motionbased.com/trail/activity/6172849>

Registration available day of event.
\$25; Juniors \$15.

OBRA membership required. Annual and single day licenses available for \$20 and \$5 respectively. Registration opens 8:30AM and closes 15 minutes before your event.

To pre-register, send standard release form (www.obra.org/forms) and check, payable to Richard Haight, 2702 Dover Street, Longview, WA 98632

This is an OBRA event. All rules apply. See <http://www.obra.org/forms/index.html>. ANSI approved helmets required. OBRA and the organizers of this race do not provide insurance coverage for injuries that occur at the race. The costs related to those injuries are the responsibility of the individual participant.

For more information contact Richard Haight. richardhaight@hotmail.com or 360-575-1096