

Real Girls Ride!

Cycling Series



Ever wanted to take your recreational road riding to the next level? Thinking about entering your first cycling event? Come on out with T9 and Sorella Forte!

This series will have expert instruction during 3 hands-on seminars and 3 group training rides. This course is open to anyone who knows how to ride a bike! You must provide your own road bike!

Thurs 7/19, 6-8pm: Equipment Seminar

Sun 7/22, 9-11am: Vancouver Lake Ride

Thurs 7/26, 6-8pm: Training and Racing Seminar

Sun 7/29, 9-11am: Sauvie Island Ride

Thurs 8/2, 6-8pm: Fix a Flat Seminar

Sun 8/5, 9-11am: Mt Tabor Ride and Hill Climb Workshop

COST: \$90 – includes expert instruction, T9 goodie bag and refreshments at all events.

RSVP: 503-243-2220 or email
Portland@titlenine.com

Check out facebook.com/T9Portland for more info!

Sorella Forte
CYCLING TEAM

title nine